



BBTSA ASSISTANT COACH CERTIFICATION

- Qualification achieved: BBTSA Assistant Coach Certification
- For ages 14+ (no DBS needed for under 16 – but must not be left alone with a child).
- Your first steps in beginning your teaching journey and further your understanding of the sport and athlete expectations from a coach's perspective.
- Cost is £25.
- Athlete Membership a minimum expectation.
- On completion of the course, BBTSA Safeguarding Lead will also provide you with an overview of safeguarding children which is sufficient for your role. We do not expect under 18's to take full safeguarding training.

Course includes:

THEORY

- Same theory modules as coach's course

PORTFOLIO OF WORK

- 3 BBTSA observations
- 3 self-evaluations of assistant coaching
- 5 skills analysed including common corrections and exercises, ideas and progressions to help improve the athlete.
- A reference from a BBTSA Certified Coach or higher BBTSA professional member.

Once payment is received, you will be sent details of how to access your theory modules and also receive your Enrolment pack which will include all the resources you need to complete the course.

To request an application form, please email: technical@bbtsa.co.uk



BBTSA COACH CERTIFICATION

- Qualification achieved: BBTSA Coach Certification
- For ages 16+
- A course furthering the Assistant Coach Course and preceding Examiner and Judge courses.
- Cost is £150
- Professional Membership is expected on completion if not already held.
- To become a qualified coach, you must not only successfully pass this course, but also hold an up to date DBS check. Safeguarding training and first aid training is strongly encouraged.

Course includes:

The **theory task** has 5 modules created to develop your knowledge in safeguarding, body, baton, dance and teaching techniques and must be completed within 8 weeks.

Within the 8 weeks, you will also have the opportunity to **attend webinars** with further information on teaching, twirling technique and concept, dance concept and warm up/cool downs. These are optional, but we encourage you to take part as they will be interactive and allow you the chance to discuss/ask questions with our clinicians. You will also be expected to complete **3 lesson observations** in this time.

For your final practical, you will be **observed teaching a small group of athletes for a 1 hour lesson**. You will be provided with a lesson plan template with our expectations and ideas to help with planning. The structure of the lesson must remain as we have laid out: Cardio warm up, Stretching, Body work – spin technique, Basic skills teaching and development – main part of lesson, Cool down.

Payment:

Once payment is received, you will be sent details of how to access your theory modules.

To request an application form, please email: technical@bbtsa.co.uk